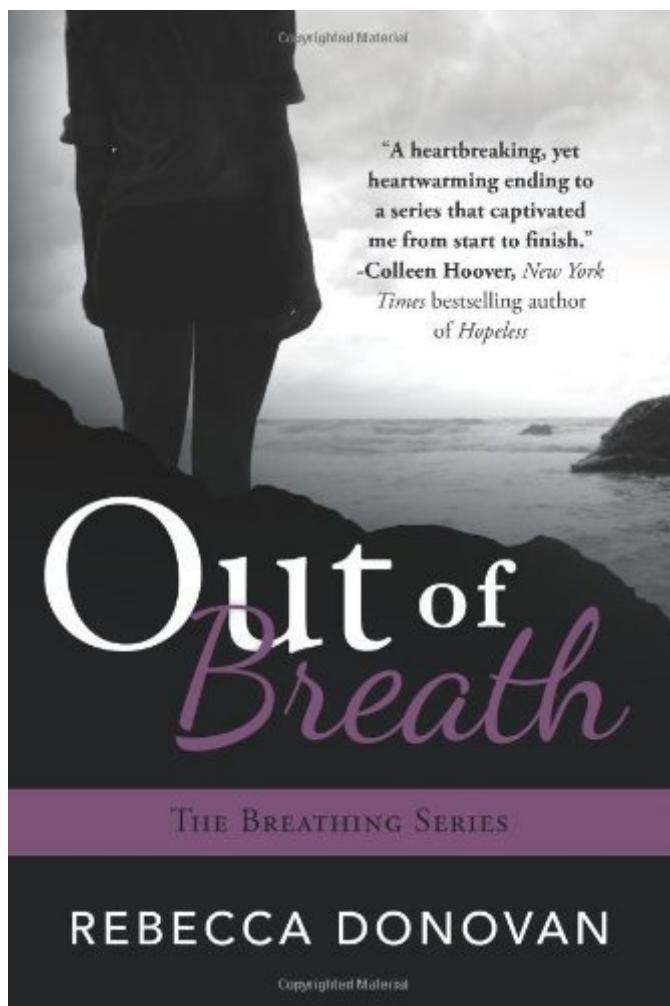


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# Out Of Breath (The Breathing Series, Book 3)



## Synopsis

"My insides still burned. I considered what I could do to push the torment back into the dark and return to my numb state. I couldn't do it on my own. I needed help. I was desperate." Emma Thomas is hiding. From everything and everyone...including herself. But she can't hide forever. Her past will find her, and her secrets won't remain quiet—unless if she wants to be forgiven. Emma learns that honesty can hurt worse than betrayal, and the truth may cost her the only love she's ever known. The highly anticipated conclusion of The Breathing Series will have readers holding their breath until the last page. The Kindle edition of Out of Breath has been formatted with Rebecca Donovan's special hand-selected fonts to further optimize the experience for readers using a Kindle Fire, Kindle Fire HD, or Kindle Fire HD 8.9. To view Rebecca's fonts on the Kindle Paperwhite, readers must select "Publisher Fonts" on their device: 1. Visit the "Font Option Menu" 2. Select "Font Face" 3. Select "Publisher Font". While the Publisher Fonts are not available on other Kindle devices or apps, it will not prohibit you from experiencing the story as the author intended.

## Book Information

File Size: 2003 KB

Print Length: 420 pages

Page Numbers Source ISBN: 1477817182

Publisher: Skyscape (July 2, 2013)

Publication Date: July 2, 2013

Language: English

ASIN: B00B52IQSA

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #667 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #3 in Books > Teens > Literature & Fiction > Social & Family Issues > Being a Teen #3 in Books > Teens > Romance > Contemporary #3 in Kindle Store > Kindle eBooks > Teen & Young Adult > Literature & Fiction > Social & Family Issues > Peer Pressure

## Customer Reviews

5 Emotional Stars - This is the third book in the series. A little slow to start with till you get back into the story of Emma and Evan. Emma has moved to California to start a new life at a new college and to work through her internal struggles. She lives with her friends who know what she has been going through and are very protective and supportive of Emma. She meets Cole who is willing to take baby steps with Emma who swears to never fall in love so they are technically not dating. Emma never wants to "feel" again. Evan comes to California to stay with mates for his break and to try and get some answers from Emma as to why she just up and left. I found Emma to be a very emotional person who cries a lot and everyone tip toes around her emotions. A well written book which I really enjoyed.

Reason to Breathe was the first book I rated 5 Stars in 2014. I fell in love with the characters, and I was rooting for Emma who was up against all kinds of odds. Barely Breathing followed and was one of the most emotionally exhausting and frustrating books I'd ever read. Rebecca Donovan even said on Facebook that Emma makes all the wrong decisions in that book, and that is 100% an accurate statement. I was so drained after reading that book. I knew I wanted to know how it would all end, but boy did I need some time and space before I could read Out of Breath. I went from loving Rebecca Donovan with Reason to Breathe to just not being entirely sure what she was going to put these characters through next. My sister read Out of Breath before I did. She said it ended well but the beginning was a little rough. That wasn't exactly what I needed to hear for me to be racing out to pick it up. When my friend Lacy breezed through all three books recently I knew it was finally time for me to finish this series. Lacy told me that book 3 was much better than book 2. And thank goodness for that. Ultimately, I agree with both Melissa and Lacy. There was a bit in the beginning of Out of Breath where I wanted to smack Emma in the head to knock some sense into her. But I was dreading this book so much more than was necessary. Like Lacy said, it was so much better and satisfying than Barely Breathing. Don't get me wrong, Rebecca Donovan still puts these characters through a lot. Of course there are still things for them to overcome, and because of things that happened in Barely Breathing they have a lot to forgive in order to move forward. Emma was still a struggle for me though not nearly at the Barely Breathing level. She went from trying so hard in Reason to Breathe to making all the wrong choices in Barely Breathing to not being sure of anything in Out of Breath. And seriously, who could blame her after all she's been through? Emma struggles with the "for your own good" sacrifices self-sabotage that I get so annoyed

with, but thankfully she gets over this eventually. Although how Emma could possibly even touch alcohol considering her mother is an alcoholic and everything Emma went through because of that is beyond me. This being used as a coping mechanism for Emma in Out of Breath was hard for me to read. I loved how much talking and discussion had to be done in order for these characters to move forward. They can't sweep things under the rug and pretend like the past didn't happen. They have to talk about what went wrong and find a way to forgive each other (and themselves) in order to move forward. But I do wish there was more information or clarification about whether Emma ever ended up going to counseling/therapy. It was suggested, but she never really committed to it as far as we know. I loved Evan just as much in this book as ever. Loved Sara and Jared. And I even really enjoyed Emma's roommates (minus Peyton). I liked that Peyton wasn't present in the last bit of the book, but I do wish there was some kind of explanation for why she wasn't present. I can assume and guess, but that's all I've got. Cole I wasn't sold on, but that's because he just wasn't Evan. TJ, Nate, Brent and I loved and wouldn't mind getting more of each of their stories.

Favorite quotes:-

"I listen to silence. And you" - his mouth pulled into a smirk

"you have a lot to say. Although I haven't quite figured out what it is yet." - "What happened to her, Sara?" - Sara looked across at me with sorrow-filled eyes.

"She left you." - I slid my hand down to rest on his chest and I could feel his heart beating faster. That's when I realized that mine wasn't.

"Living in the mistakes of your past isn't going to do anything but destroy your future." - "And I chose to live. I chose to love. I chose to breathe. All in all, I think Out of Breath was much better than I was expecting. It was probably one of those times where going into it with low expectations really served to help me enjoy it more. I was prepared to be annoyed and frustrated beyond reason, and I was very thankful to find this wasn't the case." - even though there were moments of frustration. Out of Breath gets 4 stars for me. Have you read Out of Breath? What did you think? Let me know! For more book reviews, check out Somewhere Only We Know - <http://sandyfarmer.blogspot.com>.

As mentioned in the book synopsis, Emma leaves Weslyn and obviously Evan behind. As she had

planned, she moves to California for college and basically to start over. I was hoping that she was able to somewhat move on she is doing anything but. She struggles every single day. She becomes this adrenaline seeking, careless and reckless young woman. Not only was she hurting herself but she was affecting those around her too. So rather than sympathizing with her, I couldn't help but feel frustrated and very much annoyed instead. She's already been through so much in the past books and in Out Of Breath she is hammered with even more problems and stressors. It was very much depressing seeing her drowning in so much misery. These elements made the story a tad more interesting but as more issues were added on it also made me ask when is this ever going to end? I thought that the first part of the book ( up to about 60%) was very long and drawn out to the point where I was wishing for a cuppa Death Wish but it finally gets better when Evan reenters the scene. It was just then that the story caught my attention and my heart. While I felt disconnected from Emma I felt the opposite for Evan. You could really feel the pain that he went through when Emma left him and I definitely felt more compassion for his situation. I'm not supposed to live without you. And you're not supposed to live without me. We're in this life together. Without each other, we're not really living. For me, Evan was the main factor that changed my entire opinion about this book. The way he handled reuniting with Emma was spot-on perfect. I appreciated his patience, the gentleness and understanding he put into it. When their relationship started escalating he knew exactly when things were moving too fast and had enough gumption to slow it down even if his body and when Emma herself wanted things to progress. As always I enjoyed the supporting characters in the story. Both sets of friends were incessantly supportive and very much monumental in their lives. Although, I did have concerns about Cole. I thought he was a great. He knew from the very beginning not to expect much but still I couldn't help but feel sorry for him in the end and I hope the author decides to write more about him in the future. While the first two books were spectacular, I would have to say that the finale was just okay for me. It was difficult to get into like I mentioned above but the ending was worth pressing on. [liezelsbookblog.net](http://liezelsbookblog.net)

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